

"Delivering equitable quality healthcare in developing countries"

# SOCIETY OF INTERNAL MEDICINE OF NEPAL (SIMON)

proudly presents this

## Certificate of Participation

to

# Dr. Bishal Dhakal

for his/her

## FREE PAPER ( POSTER)

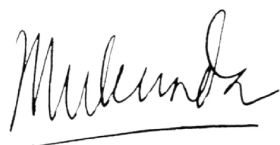
presentation titled

Effects of Sudarshan Kriya Yoga (SKY) on the Stress and Self-esteem of Medical Doctors in a Tertiary Care Hospital; A Prospective Analytical Study

in the **15<sup>th</sup> International Conference of Society of Internal Medicine of Nepal**

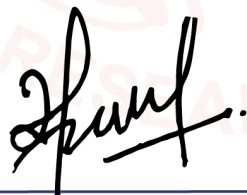
**Venue:** The Hyatt Regency Hotel, Kathmandu, Nepal

**Date:** 30<sup>th</sup> November - 2<sup>nd</sup> December 2023



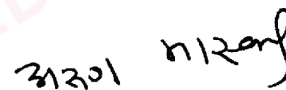
**Dr. Mukunda Prasad Kafle**

Organizing Secretary



**Dr Shital Adhikari**

Scientific Committee Chair



**Prof. Arun Maskey**

Organizing Chairperson

